



ERSKINE
THEOLOGICAL SEMINARY
For Christ and His Church

<http://seminary.erskine.edu>

IS-991: INDEPENDENT STUDY

"Chaplaincy Readings: Behavioral Health as Pastoral Theology for Doctor of Ministry Students"

Fall 2018

3 Semester Credit Hours

Professor: The Rev. Michael A. Milton, PhD

The James Ragsdale Chair of Missions and Evangelism; President, D. James Kennedy Institute
for Reformed Leadership

Office Location and Hours: Contact milton@erskine.edu for week-to-week questions.

Appointments are available through Dr. Milton's Assistant, Mrs. Christine Hartung. Please
contact her at CHartung@TrinityChapelCLT.org or telephone 704-593-6506

Dr. Milton's Faculty Page: <https://michaelmilton.org/faculty-page/>

MISSION

The mission of Erskine Theological Seminary is to educate persons for service in the Christian Church.

COURSE DESCRIPTION

This course is an independent study supervised reading and research course to locate the intersection of Biblical theology and behavioral health in the Chaplaincy setting. Moving from major readings to theological reflection, critical thinking, and faculty guided discovery, the student deepens in knowledge of and application of a theological praxis for behavioral health.

in the Chaplaincy setting. *Three credit hours. Required for M.Div. students in the chaplaincy track. Elective.*

COURSE LEARNING OUTCOMES

The Independent Studies in Chaplain Readings and Research is designed to guide the theological student through major schools of praxis in the Chaplaincy and the disciplines specific to this course. By intensive reading of select texts, including subject matter experts in the field, as well as peer-reviewed journal articles, the student will complete the course with the following outcomes:

1. Articulate the Biblical ground, nature, and relationship of Chaplain ministry to the study topic. **(MDIV SLOs 1b and 1c)**
2. Articulate and identify the purpose of ethical parameters and legal matters defining and guiding the chaplaincy role. **(MDIV SLOs 1b and 1c)**
3. Present an accurate and cogent summary of the praxis and limits of Chaplaincy and the research subject. **(MDIV SLOs 1b and 1c)**
4. Demonstrate by individual scholarly research a new depth of knowledge about the relationship of Chaplaincy and the research subject. **(MDIV SLOs 1b, 1c, 2a, and 2b)**
5. Articulate the tenets of the subject as they relate to the Christian minister's mission and role. **(MDIV SLO 3)**
6. Present the features of a spiritually healthy and Biblically faithful integration of the subject and the Christian ministry. **(MDIV SLOs 2d, 3 and 4)**
7. (As it relates to the research topic) Provide a careful, scholarly summary of the role relationship of the chaplain/minister with other helping professionals, distinguishing the primary functions of the chaplain's place. **(MDIV SLOs 2a, 2b, 2c and 2d)**

REQUIRED AND RECOMMENDED RESOURCES

Students are expected to secure their own copies of all required textbooks. As a convenience, the seminary has a [bookstore portal](#). There you will find links to familiar vendors (CBD and Amazon) and can check availability of texts, compare prices, and place orders. The ETS SBA will receive a modest percentage of the profits from students' and professors' purchases through this portal. The Erskine Campus Bookstore will carry a limited number of copies of every required text and orders for books can be placed through the Campus Bookstore.

PLEASE NOTE: When ordering a book that has been published in more than one edition, make certain that you acquire the correct one (check the ISBN number when ordering); do not attempt to substitute an older edition of a required textbook.

REQUIRED TEXTBOOKS

1. Greene-McCreight, Kathryn, and Justin Welby. *Darkness Is My Only Companion: A Christian Response to Mental Illness*. Revised, Expanded edition. Brazos Press, 2015.
2. Milton, Michael A. *Hit by Friendly Fire: What Do to When Fellow Believers Hurt You*. Darlington, England; Carlisle: Evangelical Press, 2012.
3. Milton, Michael. *So, What Are You Doing Here? The Role of the Minister of the Gospel in Hospital Visitation or a Theological Cure for the Crisis in Evangelical Pastoral Care*. Grin Verlag, 2018.
4. Nieuwsma, Jason A., Alice K. Fortune-Greeley, George L. Jackson, Keith G. Meador, Jean C. Beckham, and Eric B. Elbogen. "Pastoral Care Use among Post-9/11 Veterans Who Screen Positive for Mental Health Problems." *Psychological services* 11, no. 3 (2014): 30

RECOMMENDED READING

An extensive bibliography at the end of this syllabus provides recommended resources enabling students to research specifically the chaplain sectors as well as other requirements in this course.

COURSE REQUIREMENTS AND ASSIGNMENTS

In addition to the critical reading and research component of the materials listed above, students will complete the following:

Requirement One: Initial Meeting

The student will call Mrs. Hartung to arrange a meeting with Dr. Milton. The agenda for this meeting is as follows:

1. Introductions
2. Prayer
3. Topics
4. Bibliography
5. Review Syllabus
6. Closing Prayer (**CLOs 1-7**)

Requirement Two: Summary of Study

D.MIN.: Write a final portfolio paper of no less than 12 and no more than 15 pages of content (not including the cover page and bibliography page). The subject will be: "The Theological and Practical Application of [the topic] to the Setting of the [ministry setting; e.g., parish ministry, hospital chaplaincy, etc.).

M.DIV.: Write a final portfolio paper of no less than 5 and no more than 7 pages of content (not including the cover page and bibliography page). The subject and titles or subtitle will be: "The Theological and Practical Application of [the topic] to the Setting of the [ministry setting; e.g.,

parish ministry, hospital chaplaincy, etc.]. For example, “A Dynamic Duo for Doxological Study: A Theological and Practical Application of Covenant Worship by R.J. Gore and Christ-Centered Worship by Brian Chapel.”

The research paper will demonstrate a grasp of the author’s intent, a critique, theological reflection on the meaning of the reading(s) for the Church, and practical application. The paper will follow a traditional research paper format of Introduction with a statement of intent for the paper. The paper will move from Introduction to a proposition (e.g., “Though Gore and Robinson provide differing approaches to homiletic task, the integration of their methods is a possibility with remarkable consequences.”). Then, make the “argument” (the body) by (1) review of the book(s), including your understanding of the author(s) mission; (2) a critique of the work(s) in which you summarize the mission of the author(s), and whether, in your opinion, they achieved their goals; with cited reasons how or why not; (3) theological reflection: “Where was God in this?” “How does the work intersect with Christian teaching according to the Scriptures and confessional statements of the Church in history; (4) Praxis: How does the research effect your own ministry? How might this be beneficial to the Church?

The research paper for IS-991 for Dr. Michael A. Milton will be presented in Turabian Ninth Edition, with a cover and bibliography. No abstract is required. Students may access the Turabian template and other resources at the professor’s faculty page: <https://michaelmilton.org/faculty-page>.

Students should demonstrate scholarly research by citing at least three peer-reviewed journal articles that support assertions and conclusions, along with at least two citations from assigned books in the IS. **(CLOs 5, 6 and 7)**

COURSE CALENDAR

Independent Study may be completed within an eight-week period of a regular semester at Erskine Theological Seminary. Thus, the student may take two IS research projects in one semester.

For D.MIN. students: If the student anticipates research lasting across two semesters, the plan will be approved by the admissions director, Miss Robin Broome (broome@erskine.edu).

The research paper is due by the conclusion of a semester, an eight-week period within a semester; or, for DMIN students, according to the learning contract made by the student and professor during the Initial Interview.

GRADING BASED ON ERSKINE SEMINARY SCALE

Dr. Milton’s rubric for research papers may be accessed at <https://michaelmilton.org/faculty-page>. See the heading for “Rubrics.” The link to the document is nested in that section.

The final grade for this course will be a total of 100 points totaled from the following:

GRADING METHOD

Reading: 50%

Research Paper: 50%

GRADING SCALE

| | | | | | | | |
|----|--------|----|-------|----|-------|----|-------|
| A | 95-100 | B | 88-90 | C | 80-83 | D | 72-75 |
| A- | 93-94 | B- | 86-87 | C- | 78-79 | D- | 70-71 |
| B+ | 91-92 | C+ | 84-85 | D+ | 76-77 | F | 0-69 |

SEMINARY POLICIES AND WRITING STANDARDS

For Seminary Policies: [Click here](#).

All written work must conform to the latest edition of the Turabian manual of style and typed in twelve-point type, Times New Roman (or similar), normally double-spaced, with one-inch margins. Some reflection papers (which do not use footnotes) may be single spaced. See syllabus requirements for each assignment

Turabian, Kate L., et. al. *A Manual for Writers of Research Papers, Theses, and Dissertations*. Ninth ed. Chicago: University of Chicago Press, 2013. (464 pp., ISBN 978-0226816388)

Additional writing guidelines are available in the [Sample Paper and Writing Aids](#) folder found on the Seminary's web site. Here you will find sample papers for several courses, a "Seminary Research Paper Template," a Bibliography sample, footnote samples, and more.

Students who may need more assistance are encouraged to make use of the [Write Here Center](#) (Click Here) for improved writing skills.

Students may find the [Erskine Theological Seminary Writing Rubric](#) (Click Here). Scroll down to the Writing Assessment Rubric and download.

All written work presented is expected to be the student's own unless credit for the ideas, words, etc. of others is clearly identified. Plagiarism in sermons costs pastors their jobs. Plagiarism in class will not be tolerated and penalties will be assigned in keeping with the Seminary's Catalog.

Students are strongly encouraged to review the provisions of the Seminary's Catalog, particularly those governing registration for and withdrawal from classes, class attendance, grades (including incomplete), academic conduct, and expectations for written assignments.

BIBLIOGRAPHY

Benjamins, Maureen Reindl, and Carolyn Brown. "Religion and Preventative Health Care Utilization among the Elderly." *Social Science & Medicine* 58, no. 1 (2004): 109-118.

- Burnam, M. Audrey, Lisa S. Meredith, Terri Tanielian, and Lisa H. Jaycox. "Mental Health Care for Iraq and Afghanistan War Veterans." *Health Affairs* 28, no. 3 (2009): 771–782.
- Chalfant, H. Paul, Peter L. Heller, Alden Roberts, David Briones, Salvador Aguirre-Hochbaum, and Walter Farr. "The Clergy as a Resource for Those Encountering Psychological Distress." *Review of Religious Research* (1990): 305–313.
- Clebsch, William A., and Charles R. Jaekle. *Pastoral Care in Historical Perspective*. Jason Aronson, Incorporated, 1994.
- Curlin, Farr A., Shaun V. Odell, Ryan E. Lawrence, Marshall H. Chin, John D. Lantos, Keith G. Meador, and Harold G. Koenig. "The Relationship between Psychiatry and Religion among US Physicians." *Psychiatric Services* 58, no. 9 (2007): 1193–1198.
- Farrell, Jennifer L., and Deborah A. Goebert. "Collaboration between Psychiatrists and Clergy in Recognizing and Treating Serious Mental Illness." *Psychiatric Services* 59, no. 4 (2008): 437–440.
- Greene-McCreight, Kathryn, and Justin Welby. *Darkness Is My Only Companion: A Christian Response to Mental Illness*. Revised, Expanded edition. Brazos Press, 2015.
- Handzo, Rev George, and Harold G. Koenig. "Spiritual Care: Whose Job Is It Anyway?" *Southern Medical Journal* 97, no. 12 (2004): 1242–1245.
- Harding, Stephen R., Kevin J. Flannelly, Kathleen Galek, and Helen P. Tannenbaum. "Spiritual Care, Pastoral Care, and Chaplains: Trends in the Health Care Literature." *Journal of Health Care Chaplaincy* 14, no. 2 (2008): 99–117.
- Hawks, Steven R., Melisa L. Hull, Rebecca L. Thalman, and Paul M. Richins. "Review of Spiritual Health: Definition, Role, and Intervention Strategies in Health Promotion." *American Journal of Health Promotion* 9, no. 5 (1995): 371–378.
- Hefti, René. "Integrating Religion and Spirituality into Mental Health Care, Psychiatry and Psychotherapy." *Religions* 2, no. 4 (2011): 611–627.
- Hill, Peter C., and Kenneth I. Pargament. "Advances in the Conceptualization and Measurement of Religion and Spirituality: Implications for Physical and Mental Health Research." (2008).
- Kopacz, Marek S., and Elizabeth Karras. "Student Service Members and Veterans Who Access Pastoral Care for the Purposes of Mental Health Support." *Journal of American College Health* 63, no. 7 (2015): 496–501.
- Kramer, Teresa L., Dean Blevins, Terri L. Miller, Martha M. Phillips, Vanessa Davis, and Billy Burris. "Ministers' Perceptions of Depression: A Model to Understand and Improve Care." *Journal of Religion and Health* 46, no. 1 (2007): 123–139.
- Larimore, Walter L., Michael Parker, and Martha Crowther. "Should Clinicians Incorporate Positive Spirituality into Their Practices? What Does the Evidence Say?" *Annals of Behavioral Medicine* 24, no. 1 (2002): 69–73.
- Lester, Andrew D. *Hope in Pastoral Care and Counseling*. Westminster John Knox Press, 1995.
- Levin, Jeffrey S. *Religion in Aging and Health: Theoretical Foundations and Methodological Frontiers*. Vol. 166. Sage publications, 1993.

- McCullough, Michael E., Kenneth I. Pargament, and Carl E. Thoresen. *Forgiveness: Theory, Research, and Practice*. Guilford Press, 2001.
- Miller, William R., and Carl E. Thoresen. "Spirituality, Religion, and Health: An Emerging Research Field." *American psychologist* 58, no. 1 (2003): 24.
- Milstein, Glen, Amy Manierre, Virginia L. Susman, and Martha L. Bruce. "Implementation of a Program to Improve the Continuity of Mental Health Care through Clergy Outreach and Professional Engagement (COPE)." *Professional Psychology: Research and Practice* 39, no. 2 (2008): 218.
- Milton, Michael. *So, What Are You Doing Here? The Role of the Minister of the Gospel in Hospital Visitation or a Theological Cure for the Crisis in Evangelical Pastoral Care*. Grin Verlag, 2018.
- Milton, Michael A. *Hit by Friendly Fire: What Do to When Fellow Believers Hurt You*. Darlington, England; Carlisle, PA: Evangelical Press, 2012.
- Network, National Comprehensive Cancer. "Distress Management. Clinical Practice Guidelines." *Journal of the National Comprehensive Cancer Network: JNCCN* 1, no. 3 (2003): 344.
- Nieuwsma, Jason A., Alice K. Fortune-Greeley, George L. Jackson, Keith G. Meador, Jean C. Beckham, and Eric B. Elbogen. "Pastoral Care Use among Post-9/11 Veterans Who Screen Positive for Mental Health Problems." *Psychological services* 11, no. 3 (2014): 300.
- Park, Crystal L. "Religiousness/Spirituality and Health: A Meaning Systems Perspective." *Journal of behavioral medicine* 30, no. 4 (2007): 319–328.
- Rosmarin, David H., and Harold G. Koenig. *Handbook of Religion and Mental Health*. Elsevier, 1998.
- Taylor, Robert Joseph, Christopher G. Ellison, Linda M. Chatters, Jeffrey S. Levin, and Karen D. Lincoln. "Mental Health Services in Faith Communities: The Role of Clergy in Black Churches." *Social work* 45, no. 1 (2000): 73–87.
- Weaver, Andrew J. "Has There Been a Failure to Prepare and Support Parish-Based Clergy in Their Role as Frontline Community Mental Health Workers: A Review." *Journal of Pastoral Care* 49, no. 2 (1995): 129–147.
- Weaver, Andrew J., Harold G. Koenig, and Frank M. Ochberg. "Posttraumatic Stress, Mental Health Professionals, and the Clergy: A Need for Collaboration, Training, and Research." *Journal of Traumatic Stress* 9, no. 4 (1996): 847–856.
- "In the Fellowship of His Suffering: A Theological Interpretation of Mental Illness-A Focus on 'Schizophrenia' - Kindle Edition by Elahe Hessamfar, John Swinton. Religion & Spirituality Kindle eBooks @ Amazon.Com." Accessed October 11, 2018. https://www.amazon.com/Fellowship-Suffering-Interpretation-Illness-Schizophrenia-ebook/dp/B00O5ARJLY/ref=sr_1_12?s=books&ie=UTF8&qid=1539292700&sr=1-12&keywords=pastoral+care+and+mental+illness.